

December 2018 Calendar of Events

December 4

Annual Christmas Tree Lighting Ceremony

5:00 p.m.

Horseshoe in front of the hospital

Santa will be visiting from 5:30 p.m. – 6:30 p.m.

Musical performance by Darren Lucis and Joanne Farrell of Sway.

December 5

Bariatric Information Session

6:00 p.m. – 7:30 p.m.

Sr. Marie Lenahan Wellness Ctr. 2nd Fl. Community Room

To reserve your seat, or to schedule a free, one-on-one consultation, call 1.855.LESS YOU.

Women's Cancer Support Group

2:00 p.m. – 4:00 p.m.

Cancer Center Resource Room, Medical Science Building

Registration is not required. For more information, please call 610.237.2648.

December 10

Bariatric Support Group

5:00 p.m. – 6:00 p.m.

Sr. Marie Lenahan Wellness Ctr. 2nd Fl. Community Room

For more information, please call 610.237.3641.

December 11

Stroke Education Class

1:00 p.m. – 2:00 p.m.

Friendship Circle Senior Center

1515 Lansdowne Avenue, Lansdowne, PA

For those recuperating from a stroke or wanting to learn how to reduce your stroke factors.

Please call 215.748.9592 for more information.

Total Joint Replacement Class: For persons having or considering joint replacement surgery

9:00 a.m.

Sr. Marie Lenahan Wellness Center, 2nd Fl. Community Room

Please call 610.237.4907 for information or to register.

December 12

WRAP (Wellness and Recovery Action Plan) Workshop Session

1:00 p.m. – 2:30 p.m.

Sr. Marie Lenahan Wellness Ctr. 2nd Fl. Community Room

Registration not required. For more information, call 610.237.7340.

December 19

Men's Cancer Support Group

2:00 p.m. – 4:00 p.m.

Cancer Center Resource Room, Medical Science Building

Registration is not required. For more information, please call 610.237.2648.

Recurring Events & Meetings

December 6, 11, 13 & 18

Diabetes Self-Management Education Classes

5:30 p.m.

Sr. Marie Lenahan Wellness Ctr.

2nd Fl. Community Room

Whether you are newly diagnosed or have been dealing with diabetes for years, proper management of the disease is essential to your health. Learn how to successfully manage all aspects of your diabetes.

**Pre-registration required. To sign up
or for more information, call 610.237.4192.**

December 10 & 17

Bariatric Nutrition Class

4:30 p.m. – 5:00 p.m.

Sr. Marie Lenahan Wellness Ctr.

2nd Fl. Community Room

For more information, please call 610.237.3641.

Every Wednesday,

Thursday & Friday

Walk-In Screening Mammogram

8:00 a.m. – 4:00 p.m.

Women's Imaging Suite

Sr. Marie Lenahan Wellness Ctr.

**Physician prescription, insurance card and photo ID
required. For more information, call 610.237.2525.**



Mercy Fitzgerald Hospital

A Member of Trinity Health