

Holidays and Happenings

Hanukkah Celebration

December 3

Chair Yoga

December 4 & December 28

Townhall & Activity Committee

December 5

Gingerbread Making House Competition

December 17

Holiday Celebration Party

December 19

Christmas Cookie Decorating

December 20

Center Closed – Christmas

December 25

Kwanzaa Activity

December 27

New Year's Eve Celebration

December 31

Community Outing

Holiday Tours at Pennypacker Mills: December 6

Dollar Store: December 13

Join Us Everyday

Breakfast

9:30 a.m.

Lunch

12:00 p.m.

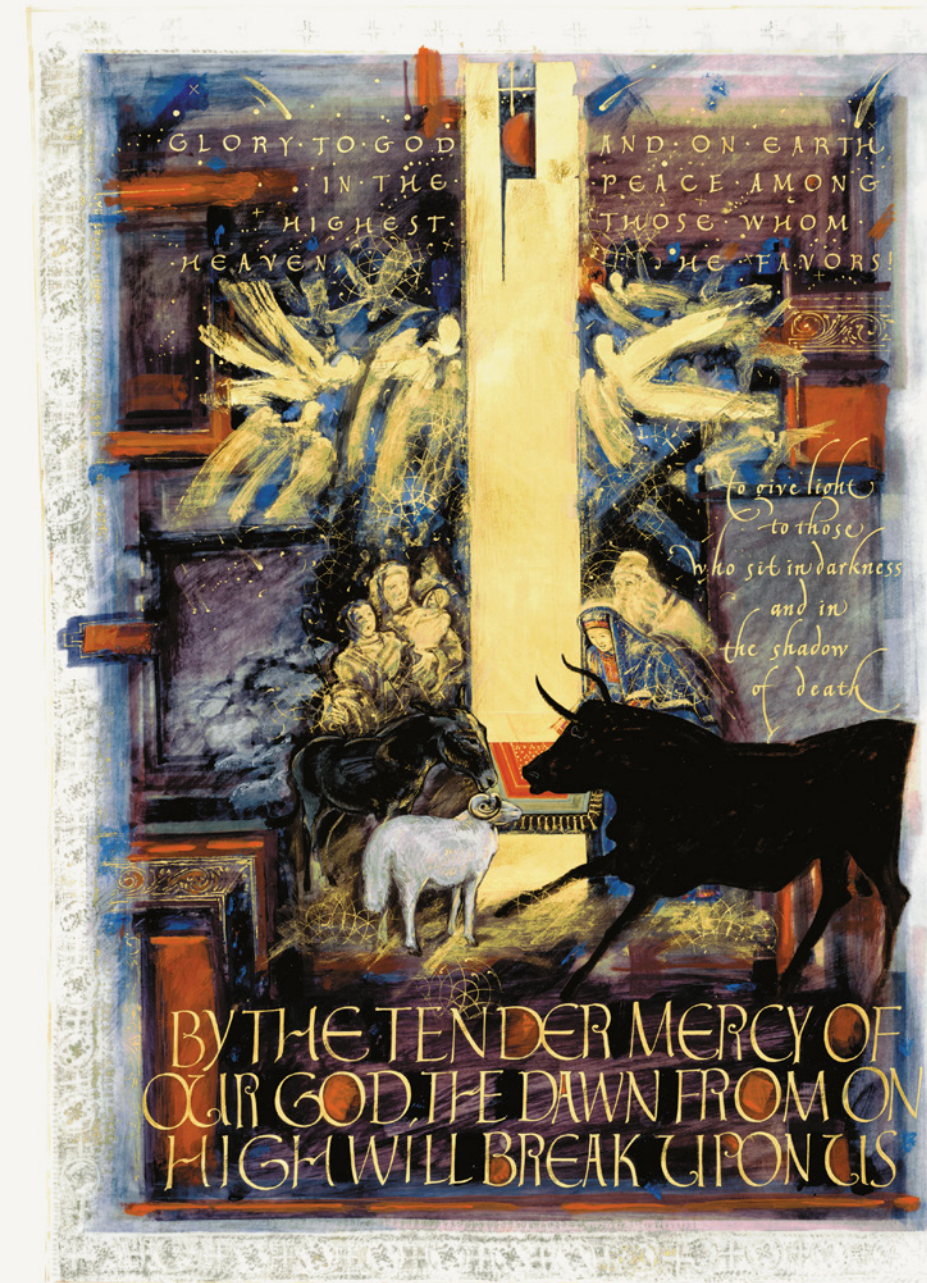
Open Recreation

10:00 a.m. – 12:00 p.m.

Open Computer Lab, Card Games, Board Games, Word Searches, Talk Shows, Music & More!

December 2018

Norristown Therapeutic Recreation Calendar



This image is an illumination from the St. John's Bible. The illumination, called 'Birth of Christ', shows us the story of Christmas. Heritage editions of the St. John's Bible will be on display at each LIFE center in the coming months.

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Mercy LIFE

Living Independently For Elders

A Member of Trinity Health

Monday	Tuesday	Wednesday	Thursday	Friday
3 Happy Hanukkah 10:00 a.m. Hanukah Trivia, A3 10:45 a.m. Hanukah Activity, A4 1:00 p.m. Cards & Conversations, A3	4 Chair Yoga 10:00 a.m. Left, Center, Right, A3 10:45 a.m. Art Club, A4 10:45 a.m. Rummy 500, A3 1:00 p.m. Chair Yoga, A3	5 Townhall & Activity Committee 10:00 a.m. Holiday Hangman, A3 10:45 a.m. Activity Committee, A3 11:15 a.m. Town Hall, DR 1:00 p.m. Bingo, A3	6 Pennypacker Mills Outing 10:00 a.m. Morning News, DR 10:30 a.m. Holiday Tours at Historic Pennypacker Mills 10:45 a.m. Movie showing, "Annie", DR 1:00 p.m. Movie showing, "Annie" Continued, DR	7 10:00 a.m. Kings in the Corner, A3 10:45 a.m. Jenga, A3 10:45 a.m. Adult Coloring, A2 1:00 p.m. Ring Toss, A3
10 Fitness and Fun 10:00 a.m. Mowtown & Dominos, A2 11:00 a.m. Fitness and Fun, A3 11:00 a.m. Open Computer lab, CR 1:00 p.m. Uno Tournament, A3	11 Christmas Card Making 10:00 a.m. Morning Stretch, A3 10:45 a.m. Christmas Card Making, A4 10:45 a.m. Checkers, A3 1:00 p.m. Sequence, A3	12 Trip to the Dollar Store 10:00 a.m. Brain Games, A3 10:30 a.m. Trip to the Dollar Store 10:30 a.m. Movie Matinee, DR 1:00 p.m. Movie Matinee con't., DR	13 Town Hall & Activity Committee 10:00 a.m. Word Searches, A3 10:45 a.m. Taboo, A4 10:45 a.m. Documentary, DR 1:00 p.m. Active Game, A3	14 10:00 a.m. Name Ten, A3 10:45 a.m. Bingo, A3 1:00 p.m. Cards and Conversations, A3
17 Gingerbread House Competition 10:00 a.m. Morning Stretch, A3 10:45 a.m. Gingerbread Making House Competition, DR 1:00 p.m. Poker Tournament, A3	18 Holiday Bingo 10:00 a.m. Music & Magazines, A3 10:45 a.m. Holiday Bingo, A3 1:00 p.m. Holiday Craft, A4	19 Holiday Party 10:00 a.m. Holiday Dominos, A3 10:45 a.m. Holiday Party, A3 1:00 p.m. Ornament Making, A4	20 Christmas Cookie Decorating 10:00 a.m. Group Crossword, A3 10:45 a.m. Christmas Cookie Decorating, DR 1:00 p.m. Walking Club, A3 1:00 p.m. Group Scrabble, A3	21 Winter Solstice 10:00 a.m. Winter Solstice Activity, A3 10:45 a.m. Christmas Movie, DR 1:00 p.m. Christmas Movie, DR
24 Christmas Eve Craft 10:00 a.m. Christmas Eve Craft, A4 10:45 a.m. Christmas Eve Craft continued, A4 1:00 p.m. Christmas Carols Special, DR	25 <h2 style="color: orange;">Closed for Christmas</h2>		26 Snowman Pudding Cups 10:00 a.m. Left, Center, Right, A3 10:45 a.m. Fitness & Fun—Holiday Burn, A3 10:45 a.m. Connect Four, A4 1:00 p.m. Snowman pudding cups, DR	27 Kwanzaa Activity 10:00 a.m. Puzzles, A2 10:45 a.m. Kwanzaa Activity, A4 1:00 p.m. Active Game, A3
31 10:00 a.m. Cards, A3 10:45 a.m. New Year Resolution Activity, A3 1:00 p.m. Walking Club, A3 1:00 p.m. Cards & Conversations, A2	<div style="text-align: right;"> Room Key A1: Activity Room 1 A2: Activity Room 2 A3: Activity Room 3 A4: Activity Room 4 CR: Computer Room DR: Dining Room </div>			