

# January 2019 Calendar of Events

## January 2

### Women's Cancer Support Group

2:00 p.m. – 4:00 p.m.

Cancer Center Resource Room,  
Medical Science Building

Registration is not required. For more information, please call 610.237.2648.

## January 8

### Bariatric Information Session

6:00 p.m. – 7:30 p.m.

Sr. Marie Lenahan Wellness Ctr. 2nd Fl.  
Community Room

Learn more about life-changing bariatric surgery options and support services at Mercy Bariatrics at any of the free information sessions, where you can meet our bariatric surgeons. To reserve your seat, or to schedule a free, one-on-one consultation, call 1.855.LESS YOU.

## January 14

### Bariatric Support Group

5:00 p.m. – 6:00 p.m.

Sr. Marie Lenahan Wellness Ctr. 2nd Fl.  
Community Room

Learn more about life-changing bariatric surgery options, support services, and meet our bariatric surgeons. For more information, call 610.237.3641.

## January 16

### Men's Cancer Support Group

2:00 p.m. – 4:00 p.m.

Cancer Center Resource Room,  
Medical Science Building

Nutrition class to help you successfully keep off the weight and maintain overall improved health. For more information, please call 610.237.3641.

## Recurring Events & Meetings

## January 14 & 28

### Bariatric Nutrition Class

4:30 p.m. – 5:00 p.m.

Sr. Marie Lenahan Wellness Ctr.  
2nd Fl. Community Room

Nutrition class to help you successfully keep off the weight and maintain overall improved health. For more information, please call 610.237.3641

## Every Wednesday, Thursday & Friday

### Walk-In Screening

### Mammogram

8:00 a.m. – 4:00 p.m.

Women's Imaging Suite

Sr. Marie Lenahan Wellness Ctr.

**Physician prescription, insurance card and photo ID required. For more information, call 610.237.2525.**

## January 10, 17, 24 & 31

### Diabetes Self-Management Education Classes

5:30 p.m. – 8:00 p.m.

Sr. Marie Lenahan Wellness Ctr.  
2nd Fl. Community Room

Whether you are newly diagnosed or have been dealing with diabetes for years, proper management of the disease is essential to your health. Learn how to successfully manage all aspects of your diabetes. Pre-registration required. To sign up or for more information, call 610.237.4192.



**Mercy Fitzgerald Hospital**

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