

Holidays and Happenings

Dance Therapy

May 1, 14, 22

Fitness with Brandon

May 2, 31

Cinco De Mayo Party

May 3

Mercy Prom

May 7

Potato Chip Competition

May 9

Town Hall

May 10

Mother's Day Tea

May 10

Drum Circle

May 16

Farmers Market

May 20

Center is Closed for Staff Education

May 21

Musical Performance

May 23

Center is Closed for Memorial Day

May 27

Horticulture Therapy

May 29

Community Outings

Trip to Walmart, May 17

Trip to the Chick Fila, May 30

Join Us Everyday

Breakfast

9:30 a.m.

Lunch

12:00 p.m.

Open Recreation

2:00 p.m. – 4:00 p.m.

Open Computer Lab, Card Games,
Board Games, Word Searches, Talk
Shows, Music & More!

May 2019

Norristown Therapeutic Recreation Calendar



Mercy LIFE

Living Independently For Elders

A Member of Trinity Health

Monday	Tuesday	Wednesday	Thursday	Friday
	<p>Room Key A1: Activity Room 1 A2: Activity Room 2 A3: Activity Room 3 A4: Activity Room 4 CR: Computer Room DR: Dining Room</p>	<p>1 Dancing with Mia 10:00 a.m. Puzzles, A3 10:45 a.m. Dance Therapy with Mia, DR 10:45 a.m. Cards & Conversations, A3 1:00 p.m. Active Game, A3</p>	<p>2 Fitness with Brandon 10:00 a.m. Morning News, DR 10:45 a.m. Fitness with Brandon, DR 10:45 a.m. Open Recreation, A3 1:00 p.m. Word Games, A3</p>	<p>3 Cinco De Mayo Party 10:00 a.m. Cinco De Mayo Trivia 10:45 a.m. Bingo, A3 11:45 a.m. Raffle Prizes, A4 1:00 p.m. Cinco De Mayo Party, A3</p>
<p>6 Dietician Presentation 10:00 a.m. Word Searches, A3 10:30 a.m. True or False, A3 11:00 a.m. Dietician Presentation, DR 1:00 p.m. Family Feud, A3 1:00 p.m. Manicures, A4</p>	<p>7 Mercy Prom 10:00 a.m. Brain Games, A3 10:45 a.m. Mercy Prom, DR 1:00 p.m. Center Store, A1</p>	<p>8 10:00 a.m. Group Discussion - Cars 10:45 a.m. Bingo, A3 11:45 a.m. Raffle Prizes 1:00 p.m. Noodle Exercise, A3</p>	<p>9 10:00 a.m. Puzzles, A3 10:45 a.m. Potato Chip Competition, A3; Bible Study, DR 1:00 p.m. Bingo</p>	<p>10 Town Hall 10:00 a.m. America Hangman 11:00 a.m. Town Hall, DR 1:00 p.m. Mother's Day Tea, A3 1:00 p.m. Open Recreation, A3</p>
<p>13 Arthritis Education Month 10:00 a.m. Arthritis Education 10:45 a.m. Bingo, A3 11:45 a.m. Raffle Prizes, A1 1:00 p.m. Scattategories, A3 1:00 p.m. Jewelry, A2</p>	<p>14 Dancing with Mia 10:00 a.m. Group Discussion Movies 10:45 a.m. Dancing with Mia, DR 10:45 p.m. Open Recreation, A3 1:00 p.m. Active Game, A3</p>	<p>15 10:00 a.m. Group Crossword, A3 10:45 a.m. Flower Crowns, A3 1:00 p.m. Open Board Game, A3 1:00 p.m. Book Club, A1</p>	<p>16 Drum Performance 10:00 a.m. Bookmark Making, A3 10:45 a.m. Drum Performance, DR 1:00 p.m. Memorial Service, DR</p>	<p>17 Trip to Walmart 10:00 a.m. Word Searches, A3 10:45 a.m. Movie, DR 10:45 p.m. Trip to Walmart 1:00 p.m. Movie, DR 1:00 p.m. Word Games, A3</p>
<p>20 Farmers Market 10:00 a.m. Morning Stretch, A3 10:45 a.m. Farmers Market, A1 1:00 p.m. Name that Tune Bingo, A3</p>	<p>21 CLOSED</p>	<p>22 Cooking Group 10:00 a.m. Left, Center, Right, A3 10:45 a.m. Dance Therapy with Mia, DR 1:00 p.m. Cooking Group, DR</p>	<p>23 Musical Performance 10:00 a.m. Word Turtle Day, A3 10:45 a.m. Bingo, A3 11:45 a.m. Raffle Prizes, A4 1:00 p.m. Musical Performance</p>	<p>24 Chair Yoga 10:00 a.m. Color Your Inspirational Saying 10:45 a.m. Chair Yoga, A1 10:45 a.m. Movie, DR 1:00 p.m. Movie, DR 1:00 p.m. Jeopardy, A3</p>
<p>27 Memorial Day CLOSED</p>	<p>28 Name That Tune 10:00 a.m. Learn About Plants, A3 10:45 a.m. Name That Tune Bingo, A3 1:00 a.m. Chair Yoga, A3 1:00 p.m. Cards and Conversation, A3</p>	<p>29 Horticulture Therapy 10:00 a.m. Group Discussion Travel, A3 10:45 a.m. Horticulture Therapy, A4 10:45 a.m. Sports Trivia, A3 1:00 p.m. Book Club, A1 1:00 p.m. Board Game Club, A3</p>	<p>30 Chick Fila Lunch Trip 10:00 a.m. Puzzles, A4 10:45 a.m. Chick Fila Lunch Trip 10:45 a.m. Movie, DR 1:00 p.m. Headbands, A3</p>	<p>31 Exercise with Brandon 10:00 a.m. General Trivia, A3 10:45 a.m. Exercise with Brandon, DR 10:45 a.m. Open Recreation, A3 1:00 p.m. Bingo, A3</p>