

June 2019 Calendar of Events

June 4

Dine with the Docs: Supporting the Mental Health of Veterans and their Families

6:00 p.m.

Norman N. Cohen, MD Auditorium

Learn more about the unique mental health issues some veterans experience post deployment from Mercy's behavioral health experts, take part in informative Q&As, and enjoy a complimentary meal.

Call 1.877.GO MERCY to reserve your spot or register online at mercyhealth.org.

June 5

Women's Cancer Support Group

2:00 p.m. – 4:00 p.m.

**Cancer Center Resource Room
Medical Science Building**

Registration is not required.

For more information, please call 610.237.2648.

June 10

Bariatrics Support Group

5:00 p.m. – 6:00 p.m.

**Sr. Marie Lenahan Wellness Center
2nd Floor Community Room**

Learn more about life-changing bariatric surgery options, support services, and meet our bariatric surgeons.

For more information, call 610.237.3641.

June 11

Stroke Education Class

1:00 p.m. – 2:00 p.m.

Friendship Circle Senior Center

Support for those recuperating from a stroke and for their family members. Receive education, on nutritional, medication and lifestyle changes that can reduce your stroke factors.

Please call 215.748.9592 for information.

Total Joint Replacement Class

9:00 a.m. – 10:00 a.m.

**Sr. Marie Lenahan Wellness Center
2nd Floor Community Room**

For persons having or considering joint replacement surgery.

Please call 1.877.GO MERCY for information or to register.

June 19

Men's Cancer Support Group

2:00 p.m. – 4:00 p.m.

**Cancer Center Resource Room
Medical Science Building**

Registration is not required.

For more information, please call 610.237.2648.

Recurring Events and Meetings

June 6, 13, 20 & 27

Diabetes Self-Management Education Classes

5:00 p.m. – 8:00 p.m.

Whether you are newly diagnosed or have been dealing with diabetes for years, proper management of the disease is essential to your health. Learn how to successfully manage all aspects of your diabetes. Pre-registration required.

To register or for more information, call 610.237.4192.

June 13 & 17

WRAP (Wellness Recovery Action Plan) Workshop

1:00 p.m. – 2:30 p.m.

**Sr. Marie Lenahan Wellness Center
2nd Floor Community Room**

Take control of your mental health recovery with WRAP, a self-management and recovery system. Registration not required.

For more information, call 610.237.7340.

June 10 & 24

Bariatric Nutrition Class

4:30 p.m. – 5:00 p.m.

**Sr. Marie Lenahan Wellness Center
2nd Floor Community Room**

Nutrition class to help you successfully keep off the weight and maintain overall improved health.

For more information, please call 610.237.3641.

Every Wednesday, Thursday & Friday

Walk-In Screening Mammogram

8:00 a.m. – 4:00 p.m.

**Women's Imaging Suite
Sr. Marie Lenahan Wellness Center**

Physician prescription, insurance card and photo ID required.

For more information, call 610.237.2525.



Trinity Health
Mid-Atlantic

Mercy Catholic Medical Center
Mercy Fitzgerald Campus