

## Holidays and Happenings

### Dance Therapy

June 5 & 18

### Drum Circle

June 6

### Exercise with Brandon

June 7 & 20

### Town Hall

June 10

### Shopping at the Center

June 12

### Bible Study

June 13

### Father's Day Celebration

June 14

### Book Club

June 14

### Farmer's Market

June 17

### Summer is Here Party

June 21

### Horticulture Therapy

June 24

### Make you own Salsa

June 25

### Casino Day

June 26

### Chair Yoga

June 27

### Travel Club

June 28

## Community Outings

Trip to King Buffet, June 19

Trip to the Dollar Store, June 25

## Join Us Everyday

### Breakfast

9:30 a.m.

### Lunch

12:00 p.m.

### Open Recreation

10:00 a.m. – 12:00 p.m.

Open Computer Lab, Card Games, Board Games, Word Searches, Talk Shows, Music & More!

# June 2019

## Norristown Therapeutic Recreation Calendar



**Mercy LIFE**

Living Independently For Elders

A Member of Trinity Health

Monday	Tuesday	Wednesday	Thursday	Friday
	<p><b>Room Key</b>                      A1: Activity Room 1                      A2: Activity Room 2                      A3: Activity Room 3                      A4: Activity Room 4                      CR: Computer Room                      DR: Dining Room</p>			
<p><b>3 Bingo</b>                      10:00 a.m. Morning News, A3                      10:45 a.m. Bingo, A3                      11:45 a.m. Raffle Prizes, A1                      1:00 p.m. Active Game, A3</p>	<p><b>4 Floral Arrangement</b>                      10:00 a.m. National Cat Day, A3                      10:45 a.m. Floral Arrangement, A3                      1:00 p.m. Afternoon Exercise, A1                      1:00 p.m. Cards &amp; Conversations, A3</p>	<p><b>5 Dance Therapy</b>                      10:00 a.m. Spring Hangman, A3                      10:45 a.m. Dance Therapy, DR                      10:45 a.m. Board Game Club, A3                      1:00 p.m. Eating Competition, A3</p>	<p><b>6 Drum Circle</b>                      10:00 a.m. Word Searches, A3                      10:45 a.m. Drum Circle, A3                      1:00 p.m. Bingo, A3</p>	<p><b>7 Exercise with Brandon</b>                      10:00 a.m. Left, Right, Center, A3                      10:45 a.m. Exercise with Brandon, DR                      1:00 p.m. Book Club                      1:00 p.m. Yatzehe</p>
<p><b>10 Town Hall</b>                      10:00 a.m. Food Hangman, A3                      11:00 a.m. Town Hall, DR                      1:00 p.m. Craft Corner, A3                      1:00 p.m. Uno Tournament, A3</p>	<p><b>11 Bingo</b>                      10:00 a.m. Motown and Dominos, A2                      10:45 a.m. Bingo, A3                      1:00 p.m. Chair Yoga, A1                      1:00 p.m. Jewelry Making, A4</p>	<p><b>12 Center Shopping</b>                      10:00 a.m. Center Shopping, A1                      10:45 a.m. Bingo, A3                      11:45 a.m. Raffle Tickets, A1                      1:00 p.m. Noodle Exercise, A1                      1:00 p.m. Patio Relaxation, Patio</p>	<p><b>13 Music Performance</b>                      10:00 a.m. Father's Day Cards, A1                      10:45 a.m. Music Performance, DR                      1:00 p.m. Active Game, A3</p>	<p><b>14 Father's Day Celebration</b>                      10:00 a.m. Book Club, A3                      10:00 a.m. Adult Coloring                      11:00 a.m. Jeopardy, A3                      1:00 p.m. Father's Day Celebration</p>
<p><b>17 Farmer's Market</b>                      10:00 a.m. Walking Club – Final laps                      10:30 a.m. Left, Center, Right, A3                      11:00 a.m. Farmers Market, A1                      1:00 p.m. Bingo, A1</p>	<p><b>18 Dance Therapy</b>                      10:00 a.m. Discussion Ball, A3                      10:45 a.m. Dance Therapy, DR                      10:45 a.m. Cards &amp; Conversations, A2                      1:00 p.m. Word Games, A3                      1:00 p.m. Basketball, A4</p>	<p><b>19 Trip to King Buffet</b>                      10:00 a.m. Word Searches, A3                      10:45 a.m. Trip to the King Buffet, A3                      10:45 a.m. Movie and Popcorn, DR                      1:00 p.m. Movie Cont'd, DR                      1:00 p.m. Cards and Conversations, A3</p>	<p><b>20 Exercise with Brandon</b>                      10:00 a.m. Group Crossword, A3                      10:45 a.m. Exercise with Brandon, DR                      10:45 a.m. Create Your Own Journal, A3                      1:00 p.m. Bingo, A3</p>	<p><b>21 Summer Celebration</b>                      10:00 a.m. Summer Trivia, A3                      10:45 a.m. Summer Celebration Birthday Party, DR                      1:00 p.m. Movie and Popcorn, DR</p>
<p><b>24 Horticulture Therapy</b>                      10:00 a.m. Meryl Streep Trivia, A3                      10:45 a.m. Horticulture Therapy, A3                      1:00 a.m. Name That Tune Bingo, A3</p>	<p><b>25 Trip the Dollar Store</b>                      10:00 a.m. Discussion Group, A1                      10:45 a.m. Dollar Store, A3                      10:45 a.m. Movie and Popcorn, DR                      1:00 p.m. Active Game, A3                      1:00 p.m. Movie Cont'd, DR</p>	<p><b>26 Casino Day</b>                      10:00 a.m. Left, Center, Right, A3                      10:45 a.m. Casino Day, A3                      1:00 p.m. Chair Yoga, A1                      1:00 p.m. Open Recreation, A3</p>	<p><b>27 Chair Yoga</b>                      10:00 a.m. Puzzles, A2                      10:45 a.m. Chair Yoga, A3                      1:00 p.m. Bingo, A3</p>	<p><b>28 Travel Club</b>                      10:00 a.m. Discussion Group, A3                      10:45 a.m. Bingo, A3                      11:45 a.m. Raffle Prizes, A1                      1:00 p.m. Travel Club, A3</p>